

PREVENTION OF PRETERM BIRTH: PROGESTERONE THERAPY: FROM RESEARCH TO CLINICAL REALITY

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The use of micronized vaginal progesterone for prevention of preterm labour and birth has been shown to be effective in preventing spontaneous preterm birth both in women at risk due previous preterm delivery, as well as women with asymptomatic shortening of the cervix in the second trimester of pregnancy.

Cerclage is effective in women with the combination of both (previous preterm delivery and cervical shortening).

In women with a multiple pregnancy and a short cervix, progesterone might be effective in preventing preterm delivery.

References

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